



Narrative Perspective and Reflective Writing: An Elective in Medical Humanities

This is a 4th year, 2 week longitudinal (Sept 2021-March 2022) elective course. It involves reflective writing to a host of humanities-inspired prompts/artifacts and students prepare & share written reflections in a safe, small group facilitated by diverse faculty passionate about health humanities. Each session will have 90 minutes of virtual evening meeting time (day of week and exact evening time will be confirmed by students enrolled in the elective) for a total of 60 hours of in-session time. The purpose of this elective is to develop students' capacities for continuous reflection and self-regulation through the lens of diverse health humanities readings (stories, poetry, graphic novels), visual arts, music and shared reflective writing. In order to receive the 'two-week elective' credit, 20 sessions must be completed. For each meeting session, there will be an assigned "artifact" (reading/video/art) paired a complementary or contrasting, music, artwork, video or play offered in-session. Students will be expected to review the "artifact" in session and materials presented by the facilitator, and prepare a reflective narrative in response to an aligned prompt that draws on their own experiences with in the clinical environment with colleagues and patients. These in-session narratives can be refined for a future submission to a scholarly publication if desired. Students will also be expected to share their writings among peers and respond constructively to the work shared by others. The Zucker School of Medicine Osler Society programs can be self-selected, which are listed on the course schedule, should they choose those sessions. These will require a student' reflection submitted to the course director to document their participation. There is open enrollment for this elective as long as required hours can be met by the student in the remaining sessions. Any students who are interested in signing up for the elective or learning more about it, contact Dr. Alice Fornari at Alice.Fornari@hofstra.edu.