# CHANGING PERCEPTION: AN EVALUATION OF THE LEEDS MEDICAL EDUCATION ACADEMY SUMMER SCHOOL (LMEASS)



UNIVERSITY OF LEEDS

Alexander Bald<sup>1</sup>, Gail Nicholls<sup>1</sup> <sup>1</sup>Leeds Institute of Medical Education, **University of Leeds** 

HELPING TODAY'S STUDENTS



BECOME TOMORROW'S DOCTORS



### INTRODUCTION:



1.8% of medical school applicants come from the least affluent postcode decile compared to 34.7% from the highest, with a further 75% of applicants having a parent in the highest socioeconomic (SES) occupational group [1]



Part of the problem with this imbalance lies in the selective nature of medical school admissions as it is difficult to select a representative student population if the applicant pool does not reflect the population as a whole [2, 3]



Widening Participation (WP) initiatives need to address what deters students from low-SES backgrounds but there is a lack of evaluation of the impact of WP interventions [4], with little insight into the effectiveness of the different types of WP interventions in diversifying the medical workforce [5]

#### **CONTEXT OF THE STUDY:**

- The LMEASS is a week-long program which is targeted for sixth-form students from WP backgrounds
- It is created and delivered by medical students, doctors and admissions staff at the **University of Leeds (UoL)**
- The LMEASS aims to provide an insight into the medical career, dispel any misconceptions and raise aspirations, enabling the students to make an informed choice when applying
- The UoL is committed to WP through multiple interventions, including contextualized admissions and outreach programs, and the School of Medicine is ranked second in the **country** for the highest number of students from a WP background [6]

#### METHODS:

**STUDY** 

**DESIGN:** 

- 22 participants were recruited via email to participate in an online questionnaire
- Questions consisted of a mixture of demographic, likert scale and open-text questions
- **SAMPLING: Voluntary sampling method** 
  - Inclusion criteria consisted of attending the summer school in either 2016, 2017 or 2018 with no exclusion criteria for this study

DATA

ANALYSIS:

- Pie charts were produced to show the frequency of the responses in the likert scale data with a modal response calculated with each statement
- Open-text responses underwent a thematic analysis, producing codes, subthemes and themes

### **SURVEY QUESTIONS:**

- **DEMOGRAPHIC QUESTIONS:**
- What year did you attend the LMEASS?
- What type of school are/were you at? Are you at University and if so what
- Are you in school?
- What is your ethnic background? Are you eligible for an access
- scheme?
- course?
- Please rate how far you agree with the following statements: The LMEASS has...
- LIKERT SCALE Prepared me for University QUESTIONS
- 4. Helped Me in the Application
- **Motivated Me to Go to University**
- **Changed my Perception of Medical School**
- **OPEN-TEXT** QUESTIONS did it/not achieve this?
  - In terms, of LMEASS preparing you for university, how did it/not achieve this? In terms, of LMEASS changing your perception of what medical school is like, how
  - In terms, of LMEASS preparing you for university, how did it/not achieve this?

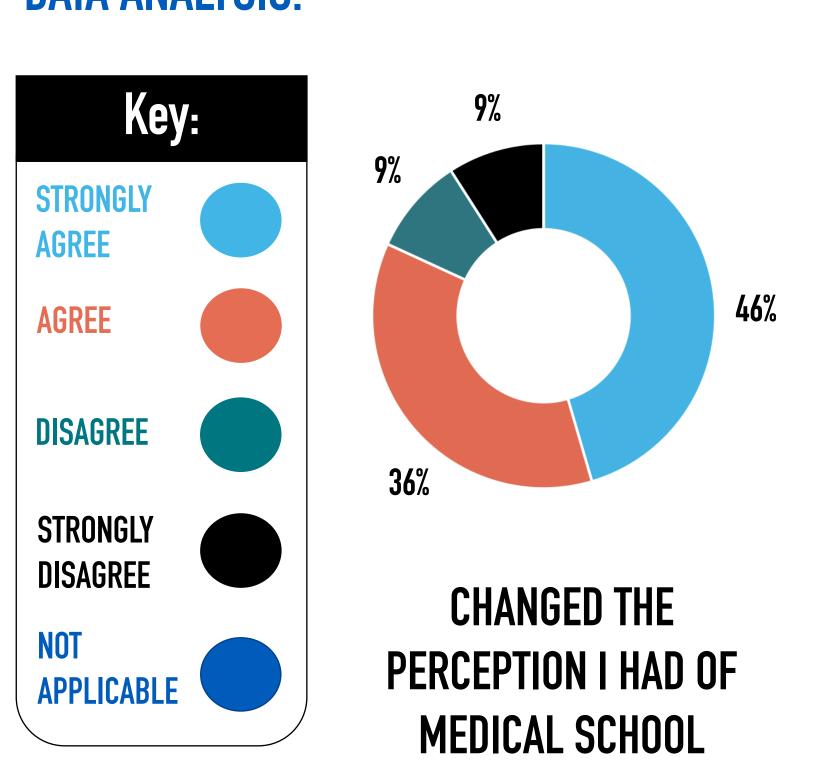
## SURVEY DEMOGRAPHICS:

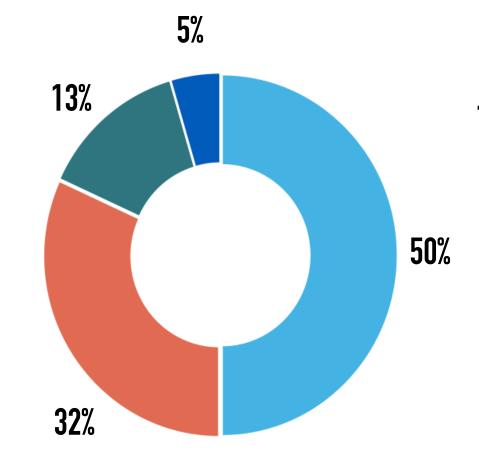
Total Number of Participants		22
	2016	1
Year of Attendance	2017	6
	2018	15
Type of School	Fee-Paying Private	2
	State Grammar	4
	State Comprehensive	16
Eligible for an Access Scheme (WP)	Yes	17
	No	5
Attending University	Yes	6
	No	16
Course (if attending University)	Medicine	3
	Biochemistry	1
	Other	2
In School	Yes	17
	No	5
Ethnicity	White-British	8
	Asian/Asian-British	12
	Other	2

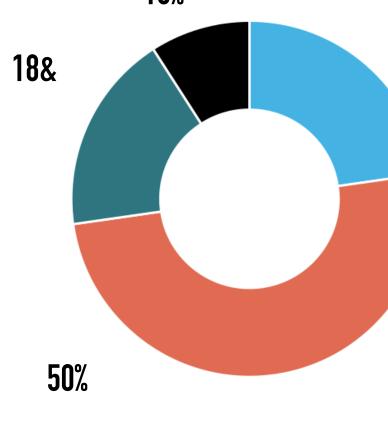
# **RESULTS:** DATA ANALYSIS:

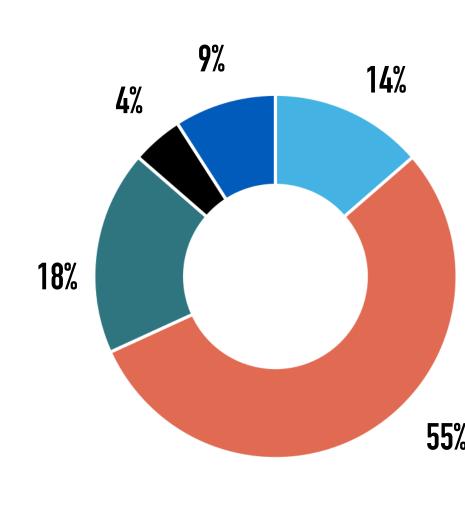
# HOW FAR DO YOU AGREE WITH THE FOLLOWING STATEMENTS?

THE LEEDS MEDICAL EDUCATION ACADEMY SUMMER SCHOOL HAS...









MOTIVATED ME TO **GO TO UNIVERSITY**  PREPARED ME FOR UNIVERSITY

HELPED ME IN THE APPLICATION PROCESS

# THEMATIC ANALYSIS:



"It gave me something to talk about in my interviews to show I understood what university learning is like and that I was motivated to study medicine." 2018, State Comprehensive, WP Sixth-Form Student

'It was a good thing to put into my personal **statement**, but I never really talked about it during my interviews " 2016, Fee-Paying Private, WP Medical Student

**COMMUNITY** 

Support sixth-form students in reflecting on

experiences

Outreach activities are only as useful as the

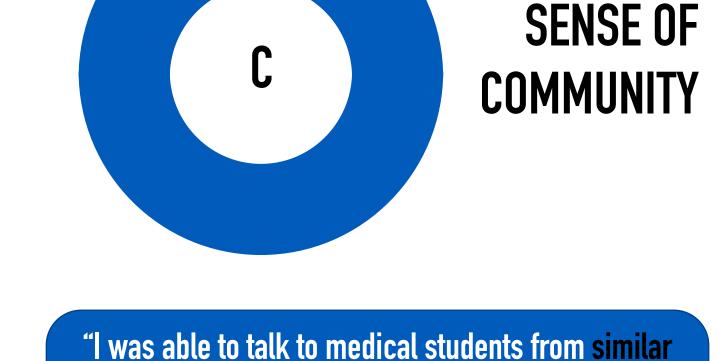
depth and level of reflection the student makes

Helping students reflect earlier may support

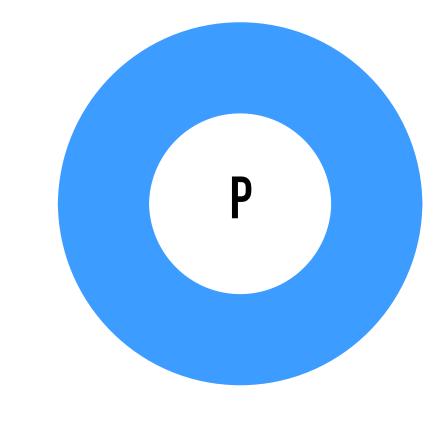
"It showed me that it is not anything like what I have been told prior to attending the summer school. It is actually fun studying at medical school."

2016, Fee-Paying Private, WP Medical Student

"I already had a good idea from researching it, the LMEASS just confirmed this." 2018, State Comprehensive, WP Sixth-Form Student



PERCEPTION OF MEDICAL SCHOOL



"Speaking to other students allowed me to socialise with people who are having the same experiences as me. I realised that there is a greater sense of community"

backgrounds and seeing they had got into medical

school encouraged me to apply."

2018, State Comprehensive, WP Sixth-Form Student

2018, State Comprehensive, WP Sixth-Form Student

### **IMPLICATIONS:**

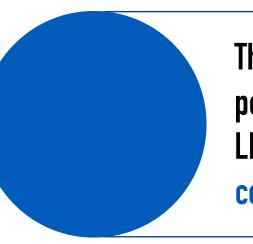


PERCEPTION

Consideration is needed into who volunteers to support and deliver WP interventions

**Higher Education (HE) institutions** could encourage and select medical student volunteers of a WP background to reflect the WP students in attendance

### CONCLUSION:



This study went beyond the typical pre- and immediate post-intervention evaluation of an outreach activity, with the LMEASS being valued positively by participants because of the content of the intervention and who delivered it



HE institutions need to encourage and select WP volunteers to reflect the WP students in attendance, with further research needed to explore the motivations of WP medical students volunteering at WP outreach activities

**Evaluation of WP interventions is integral to design, with scoping** exercises needed to examine whether gaps exist between different outreach activities, how best to meet such gaps and to create a WP 'action plan' with all the activities of different organisations in mind

# reflection at later career stages

REFLECTION

- A lack of change in perception is not a failure of the intervention per say
- The LMEASS is part of a large scale scheme of WP practice, with the impact of this intervention connected to other WP interventions and outreach activities

### **REFERENCES:**

- Steven, K., Dowell, J., Jackson, C. and Guthrie, G. 2016. Fair Access to Medicine? Retrospective Analysis of UK Medical Schools Application Data 2009–2012 Using Three Measures Of Socioeconomic Status. BMC. 16(11): pp.1-
  - McLachlan, J. 2005. Outreach is better than selection for increasing diversity. *Medical Education*. 39(9): pp. 872—
  - Griffin, B. and Hu, W. 2015. The interaction of socio-economic status and gender in widening participation in medicine. *Medical Education.*.49(1): pp.103—13
  - Greenhalgh, T., Seyan, K. and Boynton, P. 2004. "Not a University Type": Focus Group Study of Social Class, Ethnic,
  - And Sex Differences in School Pupils' Perceptions About Medical School. BMJ. 328(7455): p.1541. Cleland, J.A., Nicholson, S., Kelly, N. and Moffat, M. 2014. Taking Context Seriously: Explaining Widening Access Policy Enactments in UK Medical Schools. *Medical Education*. 49(1).
- Higher Education Student Data. 2018. *Higher Education Student Data.* [Online]. [Accessed April 18 2019]. Available from: https://www.hesa.ac.uk/data-and-analysis/students

**Leeds Institute of Medical Education University of Leeds** Alexander Bald, BSc - ll15a24b@leeds.ac.uk Gail Nicholls, BSc, MS, MBChB — G.C.Nicholls@leeds.ac.uk