Transforming Health Disparities through Interprofessional Education, Research & Service

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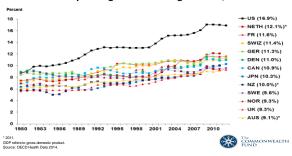
Disclosures

- Currently funded by:
 - Josiah Macy Jr. Foundation Macy Scholar Award
 Health Resources and Services Administration (HRSA)
- · No financial conflict of interest

Learning Objectives

- Analyze priority concerns in health care to contextualize background & rationale for addressing the topic
- · Discuss key concepts related to health disparities
- Discuss the role of interprofessional teamwork in optimizing care and reducing health disparities
- Discuss UIC's "Interprofessional Approaches to Health Disparities (IAHD) Program" as an applied example of training interprofessional student teams using CBPR to understand and address special needs of vulnerable patients and reducing health disparities





Health Care Spending as a Percentage of GDP, 1980–2012

Mirror, Mirror on the Wall, 2014 Update: How the U.S. Health Care System Compares Internationally EXHIBIT ES-1. OVERALL RANKING

Nidele	200					200			1.0		
Bottom 2*										> 1	
	AUS	CAN	FRA	GER	NETH	NZ	NOR	SWE	SWEZ	UK	US
WERALL RANKING (2013)	- 4	10	9	5	5	7	7	3			11
Quality Care	2	9	8	7	5	- 4	11	10	3		5
Effective Care	4	7	9	6	5		11	10	8		3
Safe Care	3	10		6	7	9	11	5	4		7
Coordinated Care	4	8	9	10	5		7	11	3		
Patient-Centered Care	5	8	10	7	з	6	11	9			- 4
Access	8	9	11		4	7	6	4			3
Cost-Related Problem	9	5	10	4	8	6	3		7		11
Timeliness of Care	6	11	10	4		7	8	9		3	5
Efficiency	- 4	10	8	9	7	3	4		6		11
Equity	5	9	7	4	8	10	6				11
Healthy Lives	4	8		7	5	9	6		3	10	IJ
icalth Expenditures/Capita, 2011**	\$3,800	\$4,522	\$4,118	\$4,495	\$5,099	\$3,182	\$5,669	\$3,925	\$5,643	\$3,405	\$8,5

Social Determinants of Health

The circumstances in which people are born, grow up, live, work and age, and the systems put in place to deal with illness.

These circumstances are in turn shaped by a wider set of forces: economics, social policies, and politics.

--World Health Organization

Public Health Reports November/December 2013 supplement (Volume 128, supplement 3)

D	eterminants of Health
7	Policies and Interventions
	Biology sysical forment Behaviors
K	Access to Quality Health Care 🚽
	Healthy People 2010

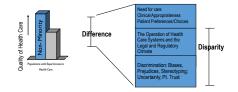
Health Disparities

- Gaps in the quality of health and health care across racial, ethnic, and socioeconomic groups.
- "population-specific differences in the presence of disease, health outcomes, or access to health care." HRSA





Sources of Unequal Healthcare Quality and Outcomes



Source: Gomes and McGuire (2001) Model of Difference, Disparities and Discrimination

Health Disparities in Chicago



IOM's Quality Chasm Report

<u>Six aims</u>:care should be: safe, effective, patientcentered, timely, efficient and equitable

- Numerous calls to reform the health care system and health professions education
- Emphasis on the need for integrating medical education with public health training



Changing Needs for Health Professions Training

Revisiting the Medical School Mission at a	Educating Physicians. A can for Rejorm of
Time of Expansion	Medical School and Residency
Josiah Macy Jr. Foundation – 2008	Carnegie Foundation - 2010
Need for	Need for
 Acceleration in the pace of change in order to prepare future physicians to meet the public's increasingly demanding needs and expectations; Medical educators to ensure that physicians have more backgrounds in population health and the role social factors play in effecting health change; and More frequent use of community-based 	 Standardization of learning outcomes and individualization of the learning process Integration of formal knowledge and clinical experience Development of habits of inquiry and innovation Focus on professional identity formation
settings as learning environments and less frequent use of hospital settings.	

Our Journey in Program Development

Training Culturally Responsive Physicians (2005-2007)	 American Medical Student Association (AMSA) Foundation, Health Resources and Services Administration, US Department of Health and Human Services
An Interdisciplinary Service Learning Experience to Prepare Tomorrow's Health Care Professionals (2007-2008)	Association for Prevention Teaching and Research (APTR)
A Longitudinal Continuity of Care Predoctoral Curriculum to Promote Patient-centered Medicine (2007-2010)	Health Resources and Services Administration, US Department of Health and Human Services.
Training Family Medicine Residents in Underserved Medicine (2010-2015)	 Affordable Care Act: Primary Care Residency Expansion Health Resources and Services Administration, US Department of Health and Human Services.
Longitudinal Team-based Interprofessional Education to Care for Special Needs Populations (2013-2015)	Macy Faculty Scholars Award, Josiah Macy Jr. Foundation

New Beginnings in Education, Service & Research



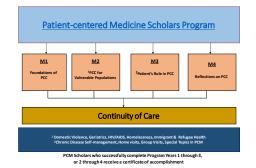
 Service Learning...a teaching and learning strategy that integrates meaningful community service with instruction and reflection to enrich the learning experience, teach civic responsibility, and strengthen communities.

Patient-centered Care

...health care that establishes a partnership among practitioners, patients and their families (when appropriate) to ensure that decisions respect patients' wants, needs and preferences...IOM



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Theoretical Foundation

Education in Action Philosophy

Drawing from the wisdom of... John Dewey, Earnest Boyer, David Kolb and other educators and philosophers

- Active-experiential learning
- Reflection

PCM VOICES

- Application
- Integration





Recommendations

"All health professionals should be educated to deliver patient-centered care as members of an interprofessional team, emphasizing evidence-based practice, quality improvement approaches and informatics." IOM Report

> "If we acknowledge the growing body of evidence that healthcare delivered by well-functioning teams produces better results, there is a serious disconnect with the educational system that is still structured in silos"

George Thibault, MD President Macy Foundation 2012

Accreditation Requirements

The core curriculum of a medical education program must prepare medical students to function collaboratively on healthcare teams that include other health professionals.

LCME: Standard 19

Pilot Work

Training Future Health Providers to Care for the Underserved: A Pilot Interprofessional Experience

Memoona Hasnain¹, Michael J. Koronkowski², Diane M. Kondratowicz¹, Kristen L. Goliak² ¹Department of Famoly Medicine, Calloge at Madicine, University at Ulosia at Chicago, USA ²⁰Department of Paramage Practice, Calloge of Pharmage University of Neora at Chicago, USA

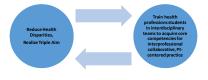
ABSTRACT

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Education for Health + Volume 25 + boxe 3 (December 2012)

Interprofessional Approaches to Health Disparities (IAHD)

Goal: To equip learners with essential skills to improve health care for underserved populations and transform health disparities through interprofessional education, research and collaborative practice.



Learning Objectives

Participation in the IAHD will enable trainees to:

- Effectively engage in identifying and addressing social determinants of health impacting vulnerable populations;
- Acquire working knowledge and hands-on experience with community-based participatory research (CBPR) and quality improvement (QI) methods;
- Develop an interprofessional community-based research project designed to improve health care access, communication, care coordination, or additional priority issues for vulnerable populations;
- Develop skills for functioning as effective members of interprofessional teams; and
- Develop skills for leadership, advocacy and scholarship.

Key Learning Activities

CBPR & QI Training



Medicine

Program

Student Level M4

Place in Curriculum

Learning activities are grounded in reflection, self-awareness, collaborative learning and applied practice to successfully promote student acquisition of core competencies to address health needs of vulnerable populations

Nuts & Bolts: Course Participation - Credit

Graduate level P4

students (e.g. ANPs) Pharmacy

Module

embedded in

Advanced Pharmacy

Practice

Experience

Nursing

PCM Scholars Independent

study

Public Health

2nd year CHS MPH students

Part or all of

practicum requirements

the field

or independent

study

Social Work

2nd year MSW

students

Practicum

coursework

Educational Methods

- Orientation, student, faculty and staff development
 Community-based immersion activities
- Monthly seminars
- Online tutorials
- Team-based learning
- Reflections
- Final showcase presentations





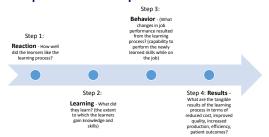


Assessment

- Assessment of Learning versus Assessment for Learning
- Balance between formative and summative assessment
- Mixed methods opportunity for open ended feedback



Kirkpatrick's Four-step Evaluation



A systematic review of the effectiveness of interprofessional education in health professional programs $^{\rm Sc}$ Samel Lapkin **, Tracy Levett-Jones *1, Conor Gilligan **2

School of Medicine and Public Health, The University of November Callaghan, NSW 2308, Australia
 School of Medicine and Public Health, The University of November Callaghan, NSW 2308, Australia

Article history: Accepted 9 November 2011	Objective: The objective of this systematic review was to identify the best available evidence for the effective- new of university-based interprofessional education for health students.				
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	Inclusion: entrues. The review related all trademised entruthief trials and quark experimental tables to entrue the second second second second second second second second second second extraction. The second sec				

Nurse Education Today 33 (2013) 90-102

Program Outcomes - thus far

- Baseline
- Mid-year formative evaluation
- Reflections
- CBPR projects

Basic Recipe

- Nurture passions learner centered
- · Help clarify feasible goals
- Link learners with the right resources and support collaborative linkages
- Provide guidance to plan and progress systematically
- Foster self-directed inquiry and commitment encourage learners to spend time and energy to appropriately do the ground work



Challenges & Discoveries

- Understanding change, getting buy-in Kotter 8 steps
- Curricular transformation
- Coordination, organization, time management
- Staying true to CBPR process training new researchers/mentors
- Avoiding hierarchal roles, developing & maintaining trust and respect for all team members
- Maintaining motivation intrinsic versus extrinsic
- Unanticipated benefits
- Vision big picture

Next Steps

- Program evaluation to learn for process and outcomes
- Program refinement
- Linking UGME, GME and Faculty development
- Develop ongoing program of interprofessional education, service and research/scholarship



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Key Take Home Lessons



Class of 2015



"Together we can do so much." Hellen Keller

Acknowledgements

- This work is the result of a large number of individuals students, staff, faculty, UIC Health Professional Colleges & CEIPE, Community Partners including agency staff & clients

 - clients Connections for Abused Women and their Children (CAWC) Project Vida; EdgeAlliance/ AIDSCare Progressive Services Heartland Alliance Housing Opportunities and Maintenance for the Elderly (H.O.M.E.) Lincoln Park Community Shelter; Cathedral Shelter (now Revive)
- Current Funding: Josiah Macy Jr. Foundation and UI-COM Department of Family Medicine
- This program was originally funded [in part] by a pilot grant from American Medical Student Association [AMSA] and later by grant 41 D56 HP 08344 by the Health Resources and Services Administration, U.S. Department of Health and Human Services

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Interprofessional Approaches to Health Disparities

Patient-centered Medicine Scholars Program