

# **Adapt, Evolve or Become Extinct**

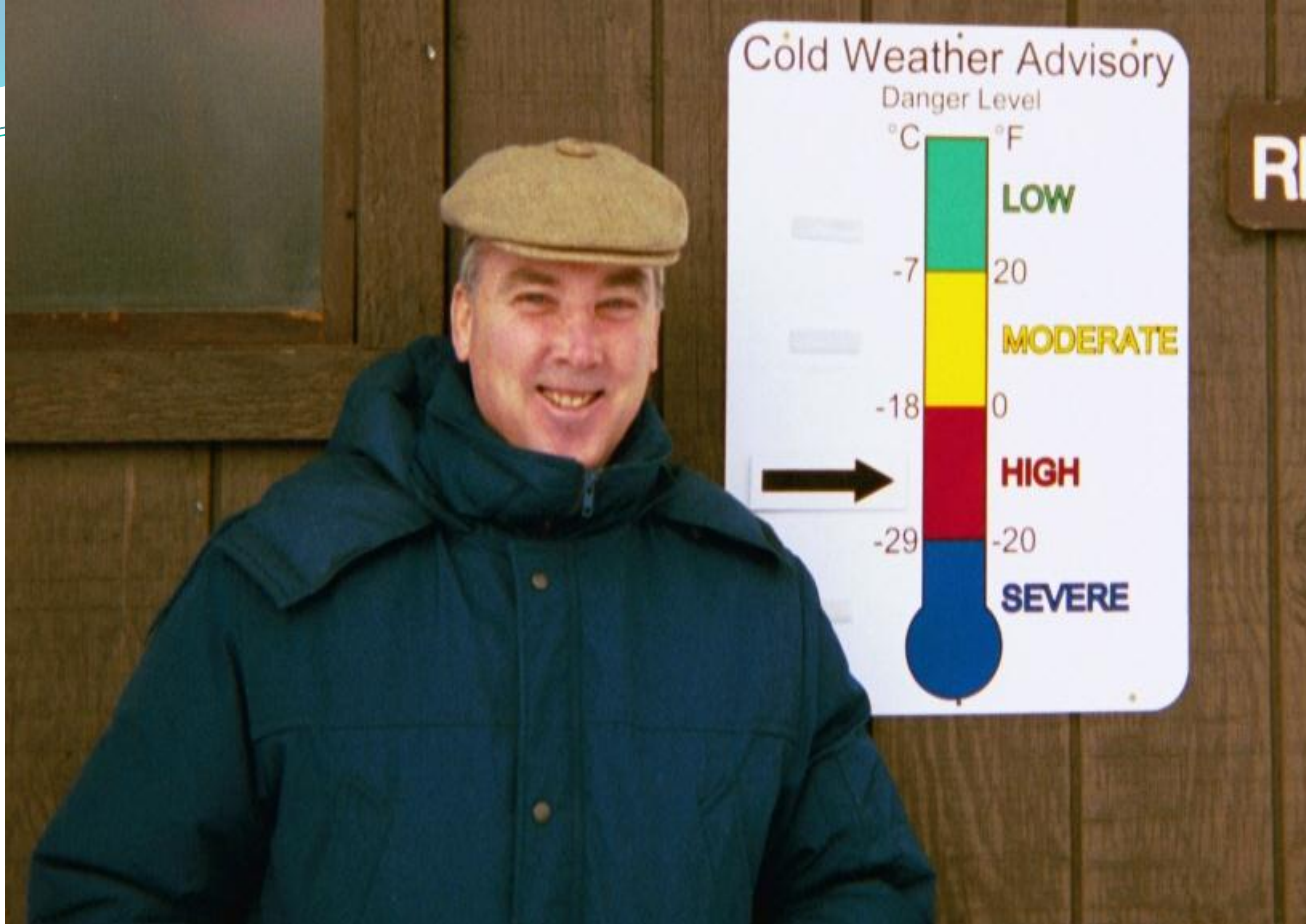
## **Making Educational Change Work FOR You**

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2012 IAMSE WAS Series  
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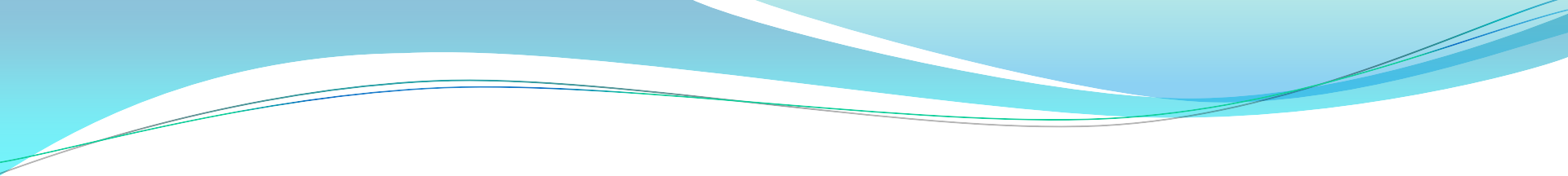
Professor of Physiology

Assistant Dean for Academic Affairs in the Basic Sciences

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Founding Secretary of IAMSE

Former NBME Physiology Committee member

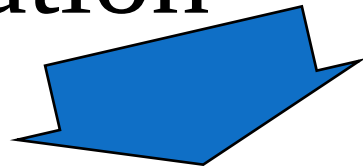


# Educational Change

- Driven by findings from educational research
- Change is tough (Machiavelli)
- Understanding why the changes are desirable can reduce resistance

# One Model of Education

information



teacher

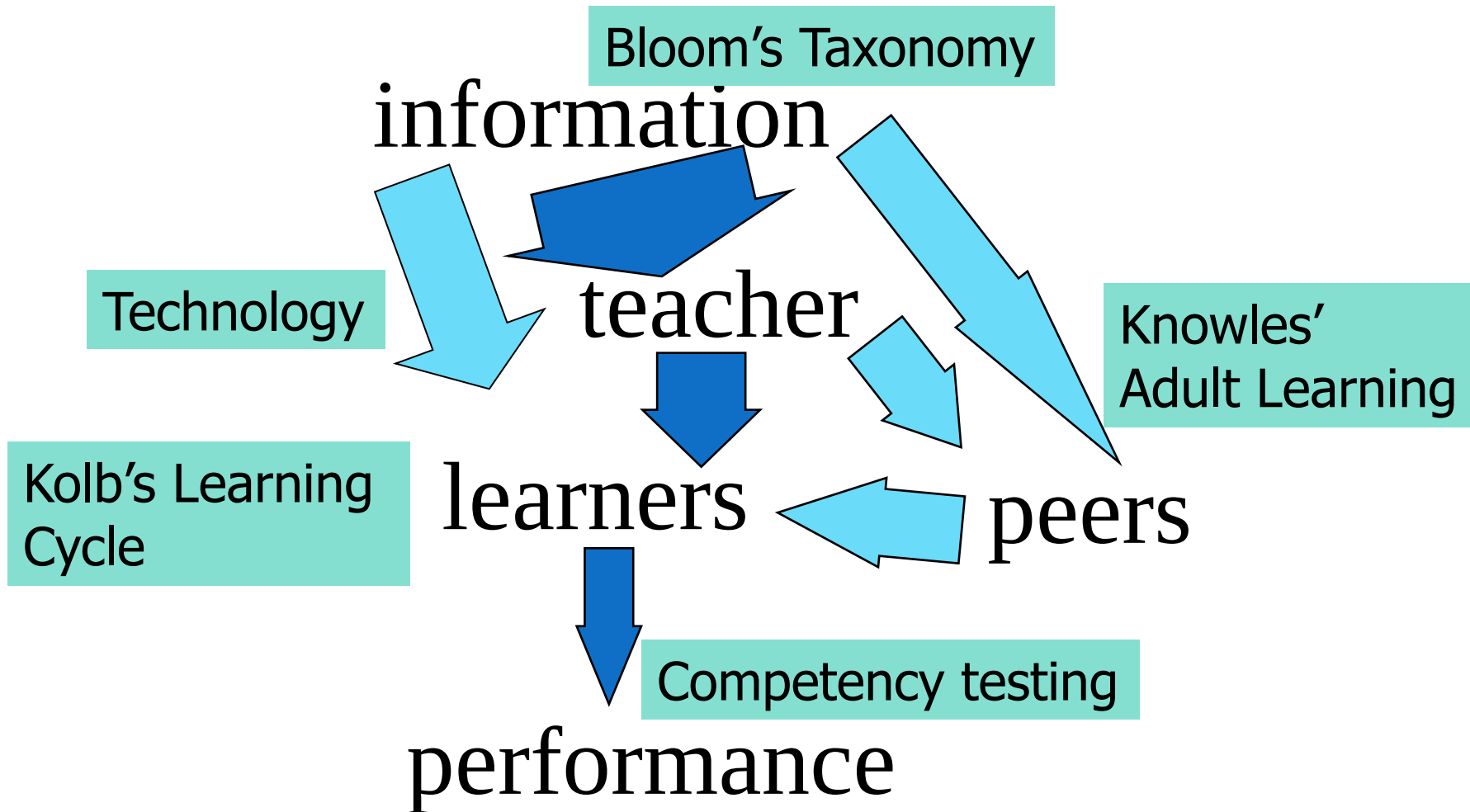


learners



performance

# Educational Research has/is Changing Things

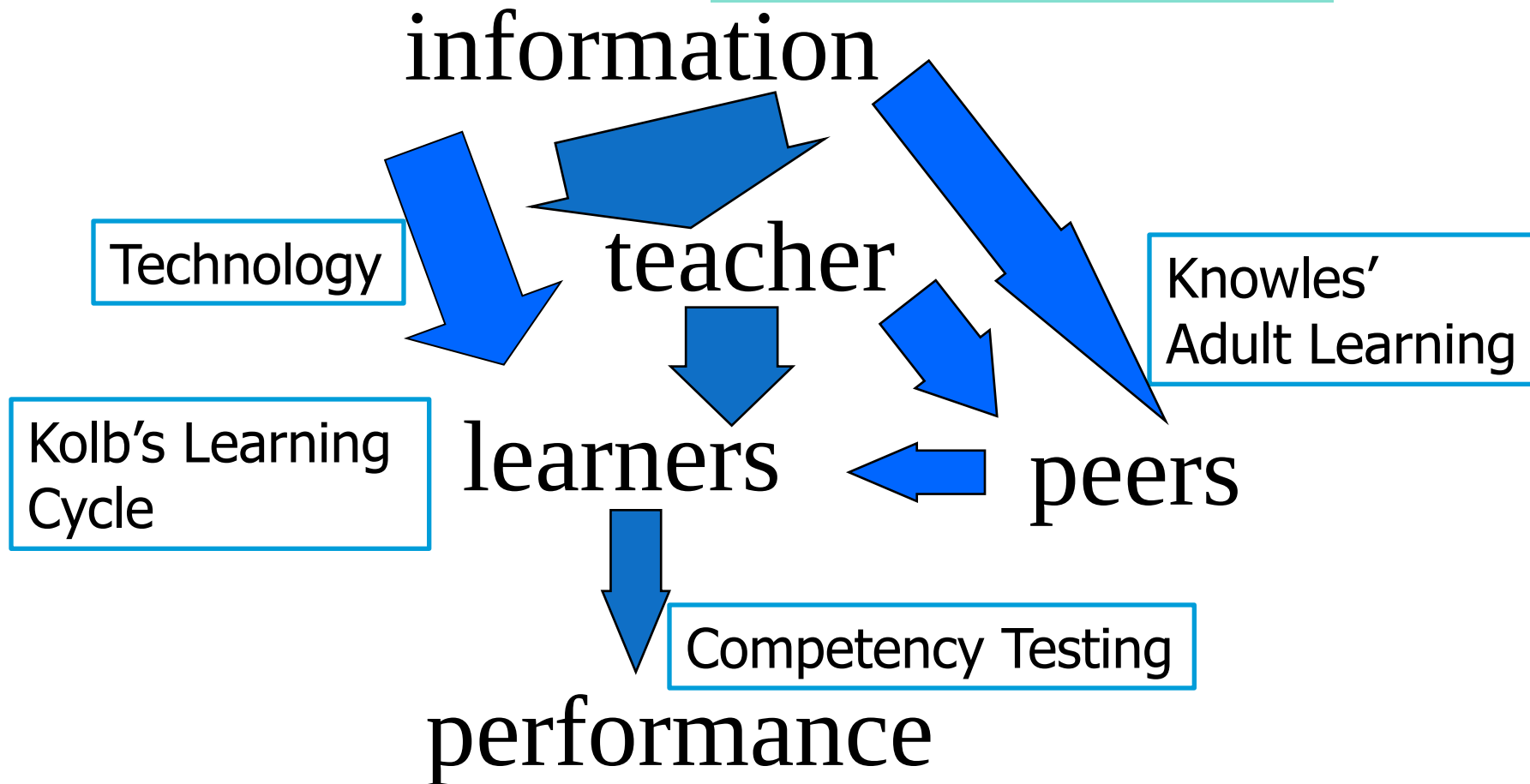


# Seminar Outline

- Incorporating existing educational paradigms
  - Bloom's taxonomy
  - Knowles' Adult Learning Theories
  - Kolb's 4-Stage Learning Cycle
  - Role of competency testing
  - Impact of technology
- Implications for teaching
- Summary and discussion: Managing Change

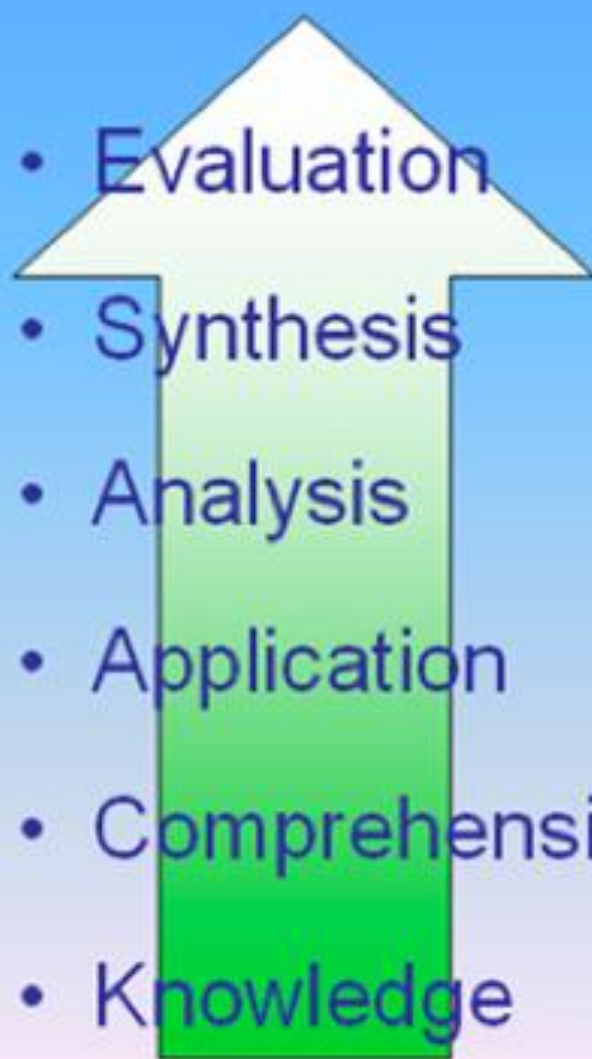
# Impact of Educational Research

Bloom's Taxonomy 1956





## *Original Terms*



## *New Terms*





# Bloom's Taxonomy for Pre-clinical Educators

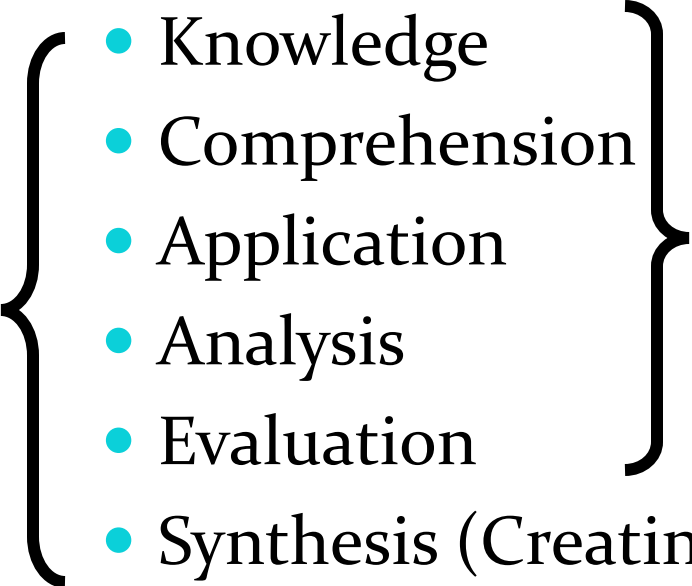
Graduate  
Students

- 
- Knowledge
  - Comprehension
  - Application
  - Analysis
  - Evaluation
  - Synthesis (Creating)

Students in  
traditional curriculum

# Incorporate Analysis and Evaluation

Graduate  
students

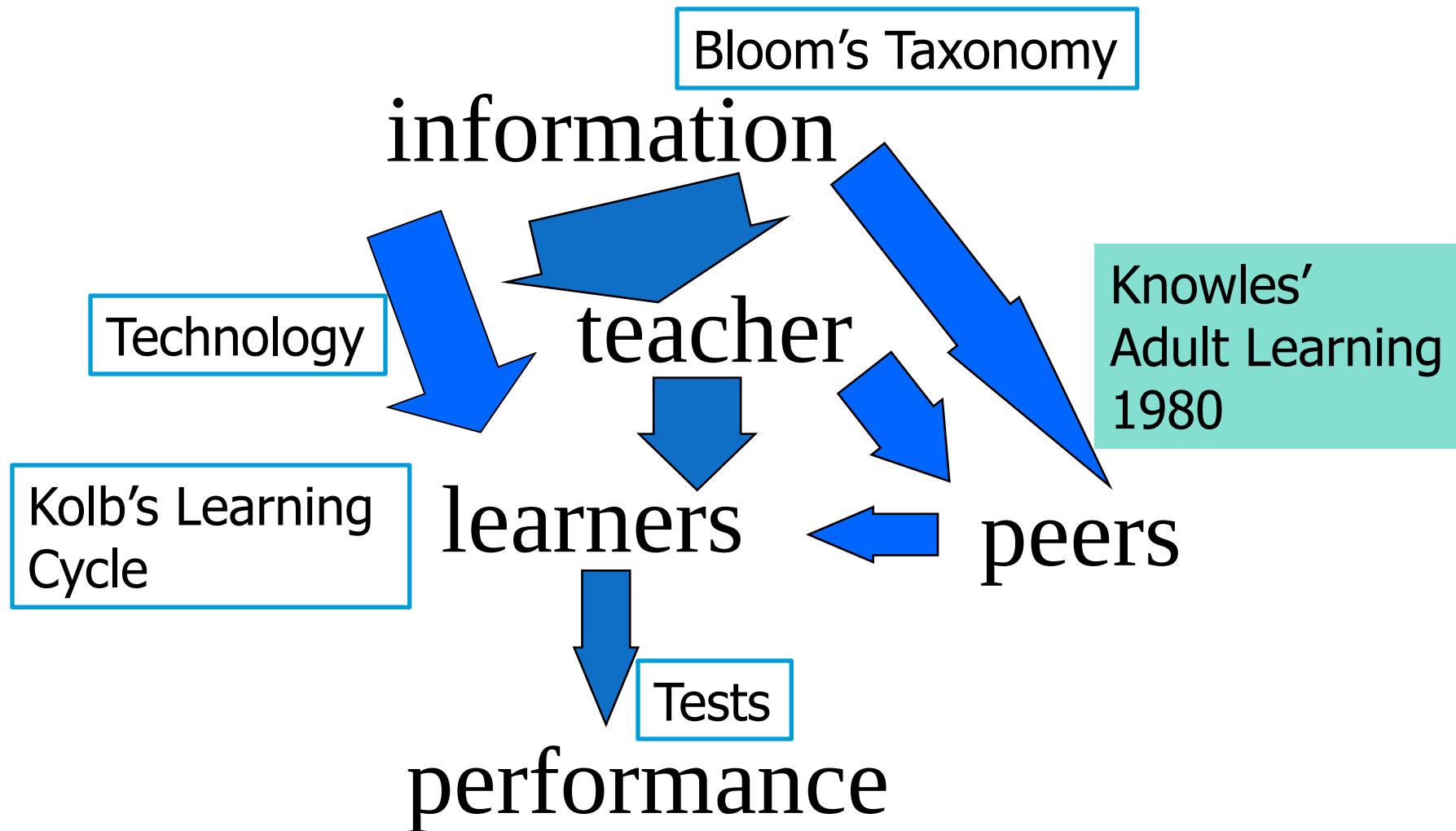
- 
- Knowledge
  - Comprehension
  - Application
  - Analysis
  - Evaluation
  - Synthesis (Creating)

Students in  
the 'new' curriculum

# Educational Change 1: Incorporate Analysis and Evaluation Activities

- Classroom objectives must match program objectives
- Adjust your teaching activities to the needs of your learners

# Impact of Educational Research



# Classroom task

- Learn Turkish
  - Time constraint - 3 months
  - Purpose - Travel to scientific congress
- Think (1 minute by yourself)
- Pair (talk to your 'neighbors')
- Share (whole class discussion)

# Pedagogical approach

- High School German
  - Drill vocabulary
  - Exam motivated
  - Grammar
  - Stimulus-response

|                |                    |                |
|----------------|--------------------|----------------|
| Pedagogy       | vs.                | Adult Learners |
| External       | <b>Motivation</b>  | Internal       |
| Authority      | <b>Environment</b> | Peers          |
| Novice         | <b>Perspective</b> | Experienced    |
| Passive        | <b>Execution</b>   | Active         |
| External Exams | <b>Evaluation</b>  | Internal       |



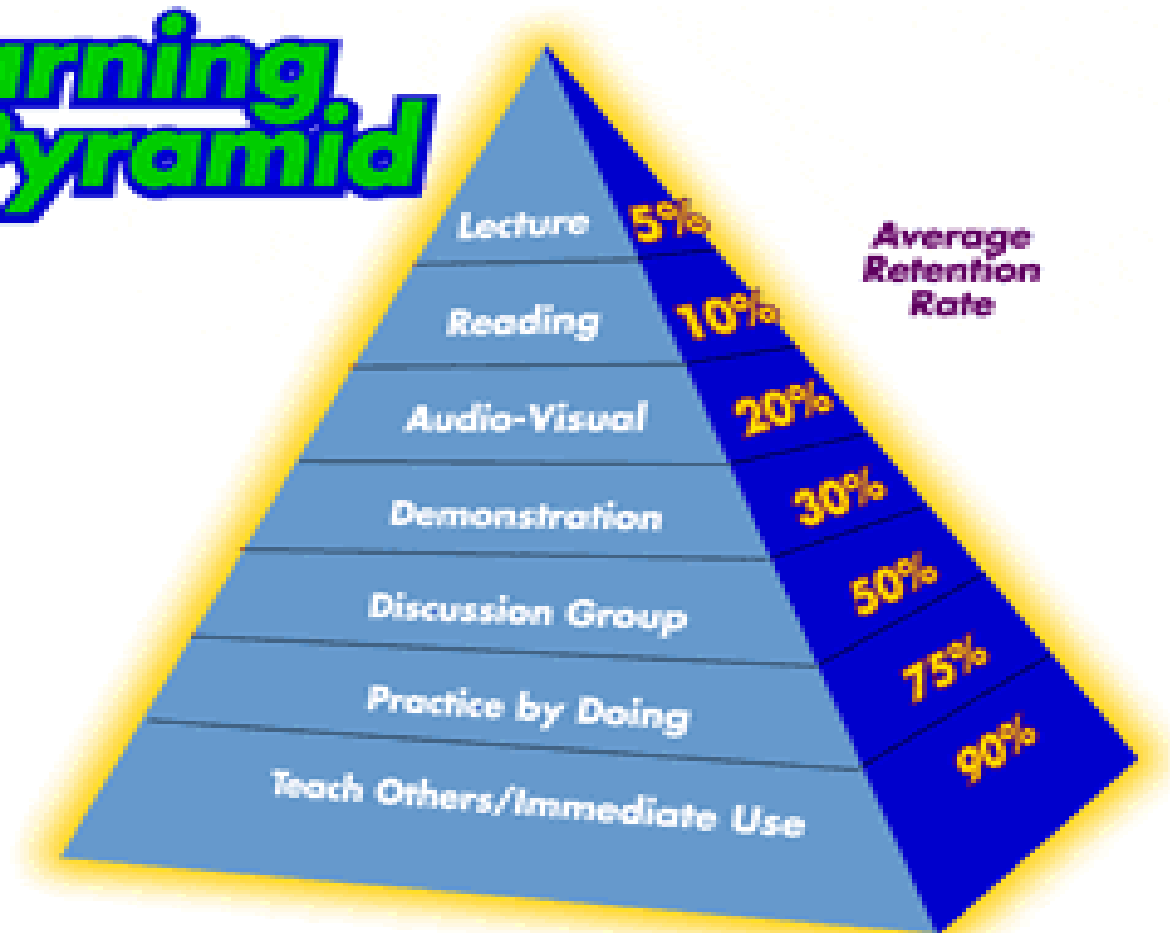


# Unresolved issues

- Content vs. Depth
- Learning vs. Retention

# If the goal of teaching is learning...

## Learning Pyramid



Note: There is NO research to support this theory

# Active learning approaches

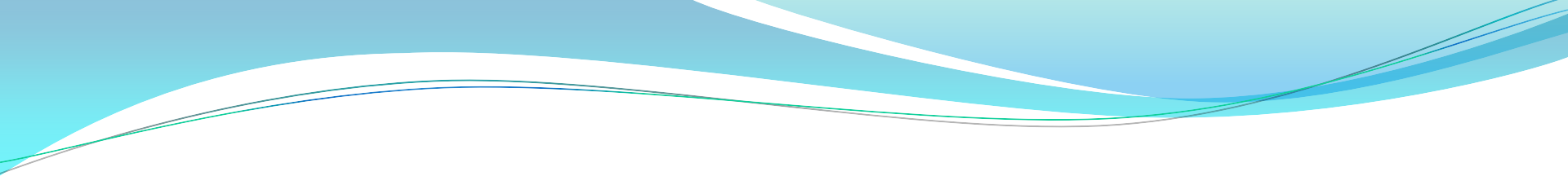
- Advantages
  - Promotes higher cognitive skills
  - Develop analytical skills
- Disadvantages
  - Depth, but not breadth, of material
  - Large time demands on faculty and students

# Lecture

- Advantages
  - Emphasize important points
  - Introduce terms and concepts
  - Workload independent of class size
- Disadvantages
  - Student attention span < 50 minutes
  - Stenography, not thinking, in class
  - Little higher level processing

# Small group approaches

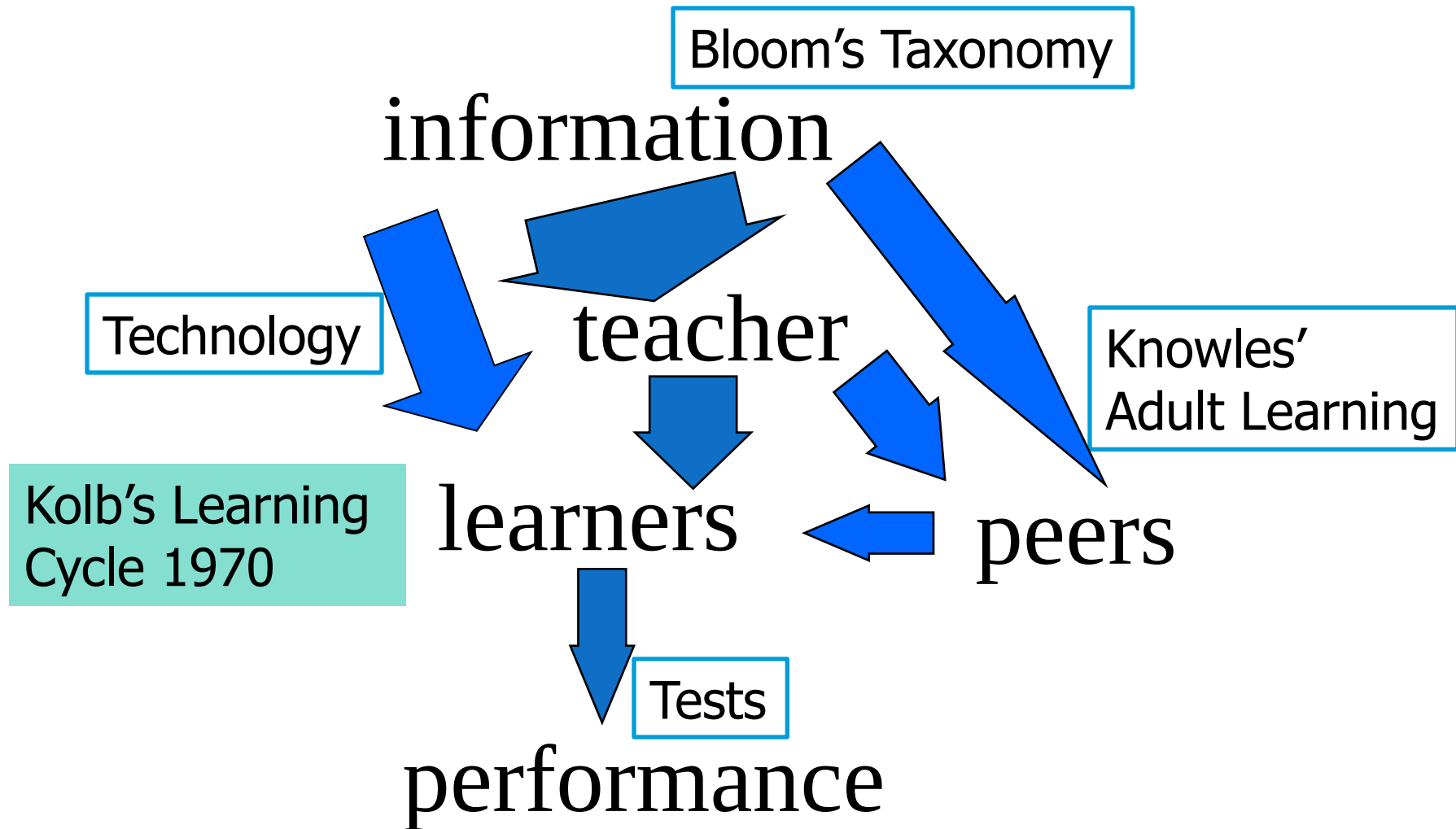
- Advantages
  - Peer interactions
  - Depth of learning
  - Self-directed
- Disadvantages
  - Content can vary
  - Limited breadth of information
  - Little control of depth



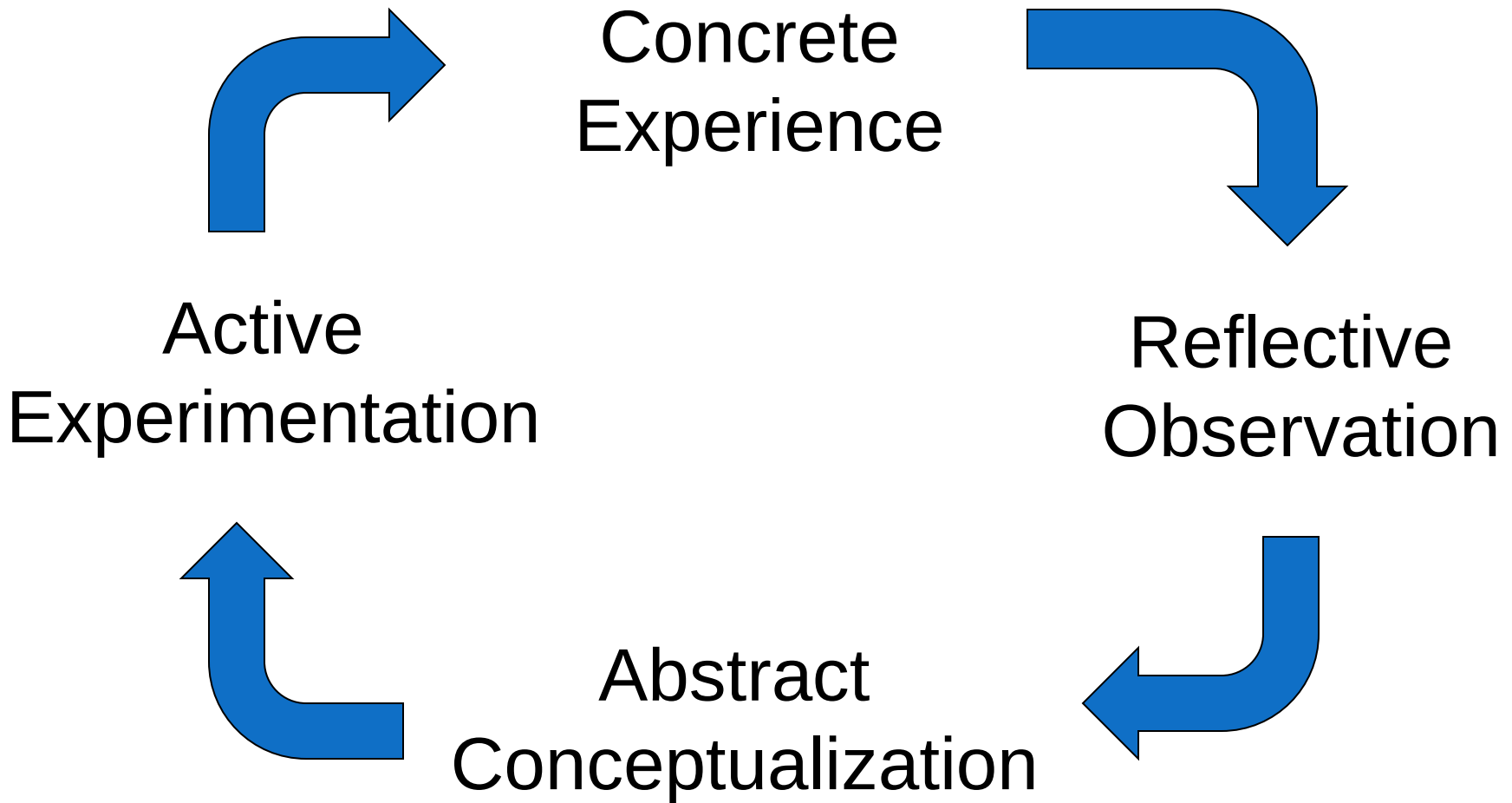
# Educational Change 2: Diversify Your Teaching Skills

- Allows you to incorporate multiple approaches to teaching
  - Determine teaching goal
  - Select the correct tool for the job

# Impact of Educational Research



# Kolb's 4-Stage Learning Cycle

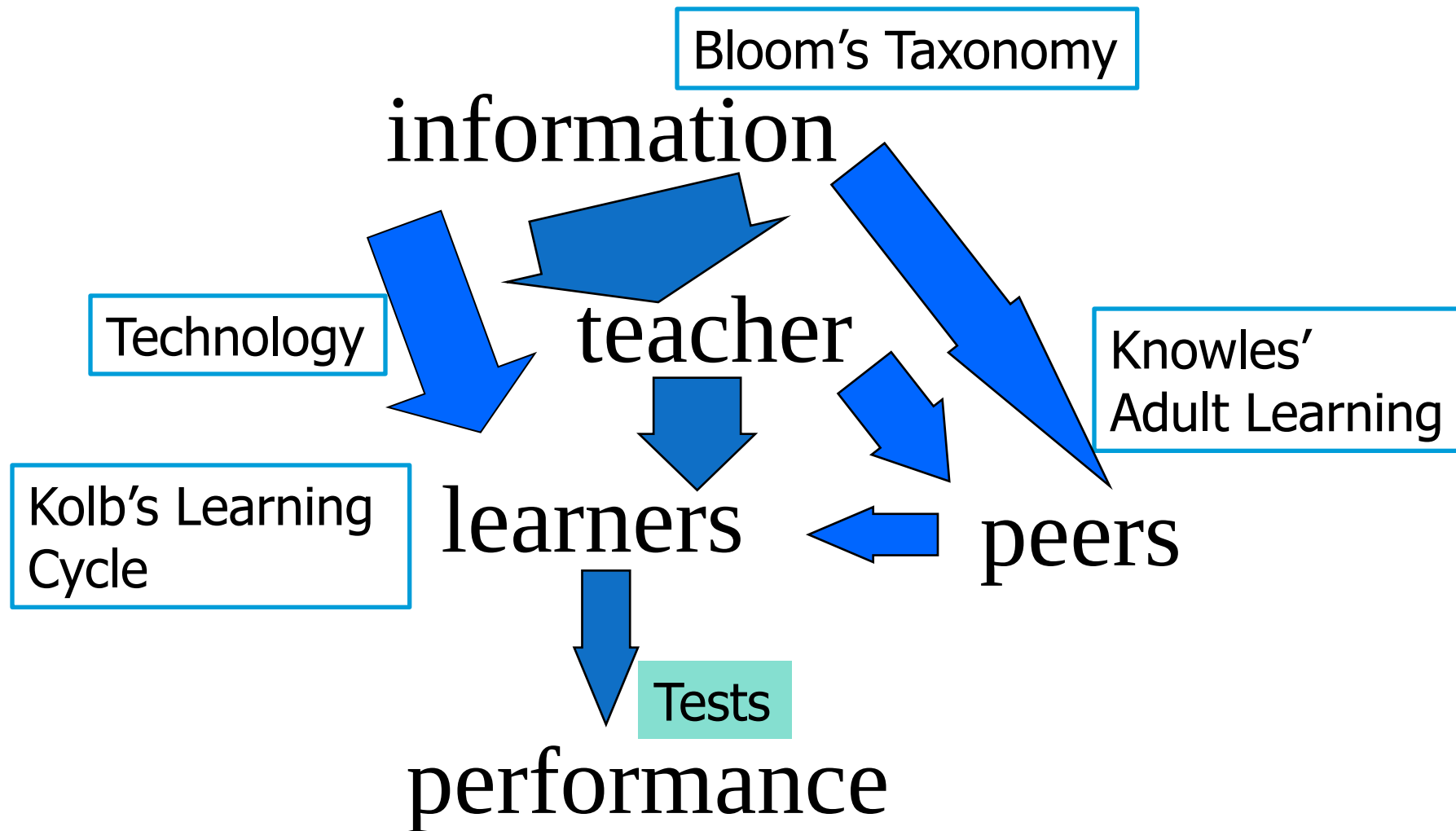


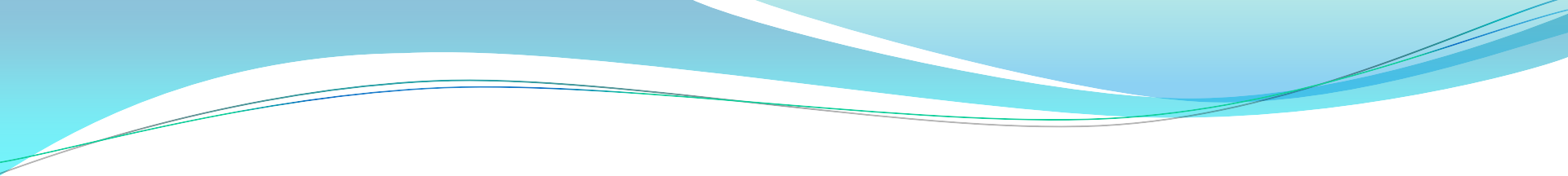


# Educational Change 3: Become a 'Reflective' Practitioner

- The “Experience” only begins the process
- Education should offer opportunities to
  - Reflect on the experience
  - Consolidate and incorporate into existing knowledge
  - Apply new knowledge
- Model this behavior for your students

# Impact of Educational Research





# What they don't tell you

- Evaluation determines student behavior
- Whoever evaluates learning, controls learning

# Begin with the end in mind - both yours and others

- Minimal content expectations (OT)
- Intermediate content expectations (PA)
- Significant content expectations (MD)
  - Medical Physiology Learning Objectives
- Significant skills expectations (PhD)
  - List of Professional Skills for Physiologists and Trainees

# Physiology for Medical Students

- Establish expectations
  - Europe FEPS End-Terms Medical Physiology
  - Canada CanMEDS
  - USA APS Medical Physiology Learning Objectives
- Match testing to these expectations
- Shift from “learning objectives” to “competencies”
  - Group from IAMSE is exploring this

# Controlling the curriculum

- Licensing Examinations
- Defining Medical Physiology
  - Aging
  - Health promotion
  - Wellness
  - Gender Differences

# APS/ACDP List of Professional Skills for Physiology Trainees

Graduate education is a continuum

Skills rather than content

Available on APS web site

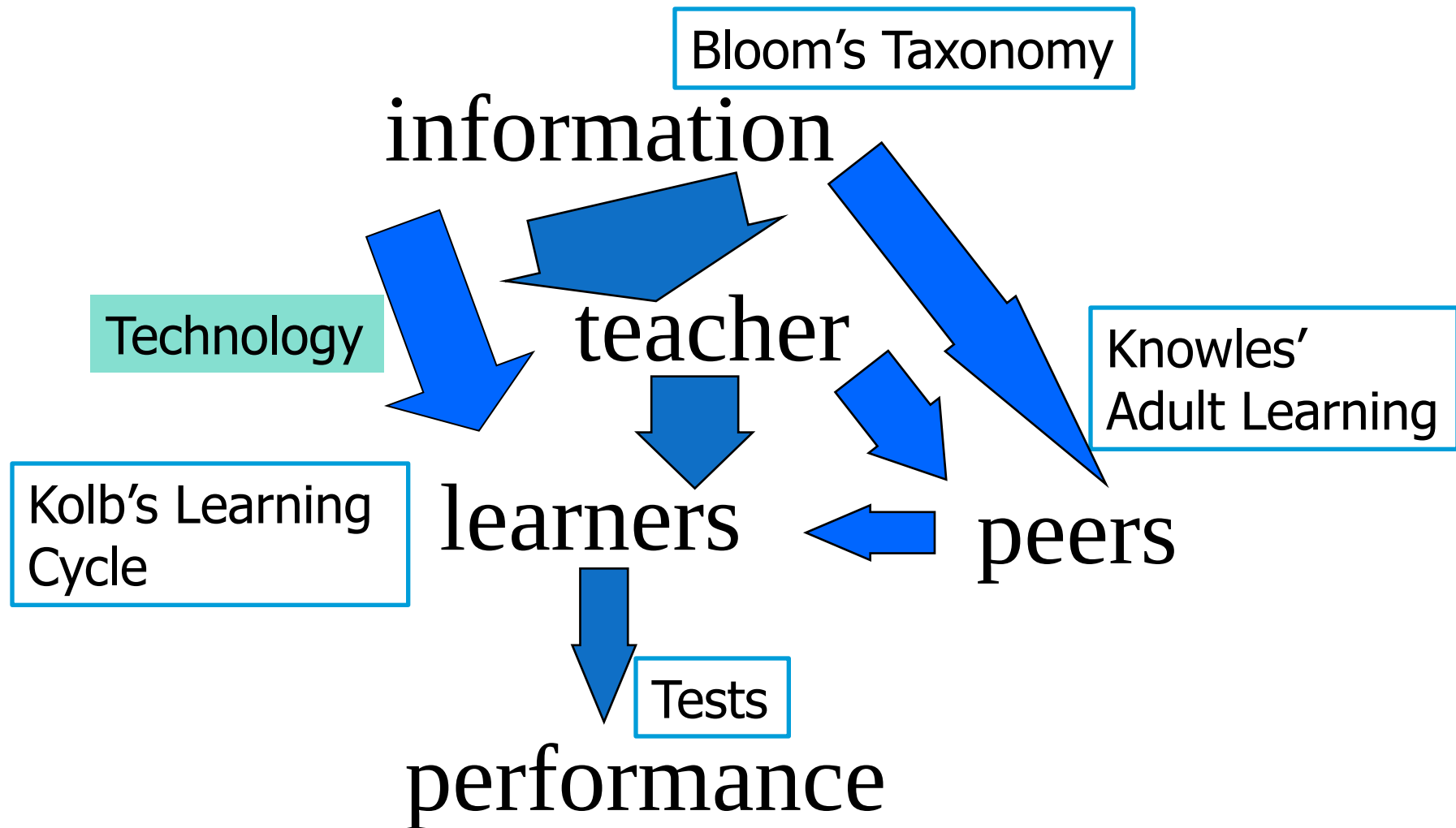
Developing web links for each skill

# Educational Change 4: Align Goals, Competencies and Objectives

- Determine the educational objectives before making instructional decisions
- Activities and Evaluation also must match the goals, competencies and objectives



# Impact of Educational Research



# The APS Archive of Teaching Resources



The American Physiological Society



- ◀ APS Home
- ◀ APS Education
- ◀ Archive Home
- ◀ BEN Portal

## www.apsarchive.org

THE AMERICAN PHYSIOLOGICAL SOCIETY > APS EDUCATION OFFICE > ARCHIVE OF TEACHING RESOURCES



- ▶ K-12 Education
- ▶ Undergraduate Education
- ▶ Graduate & Professional Education



Reorganized By  
APS Education Office  
September 8, 2008

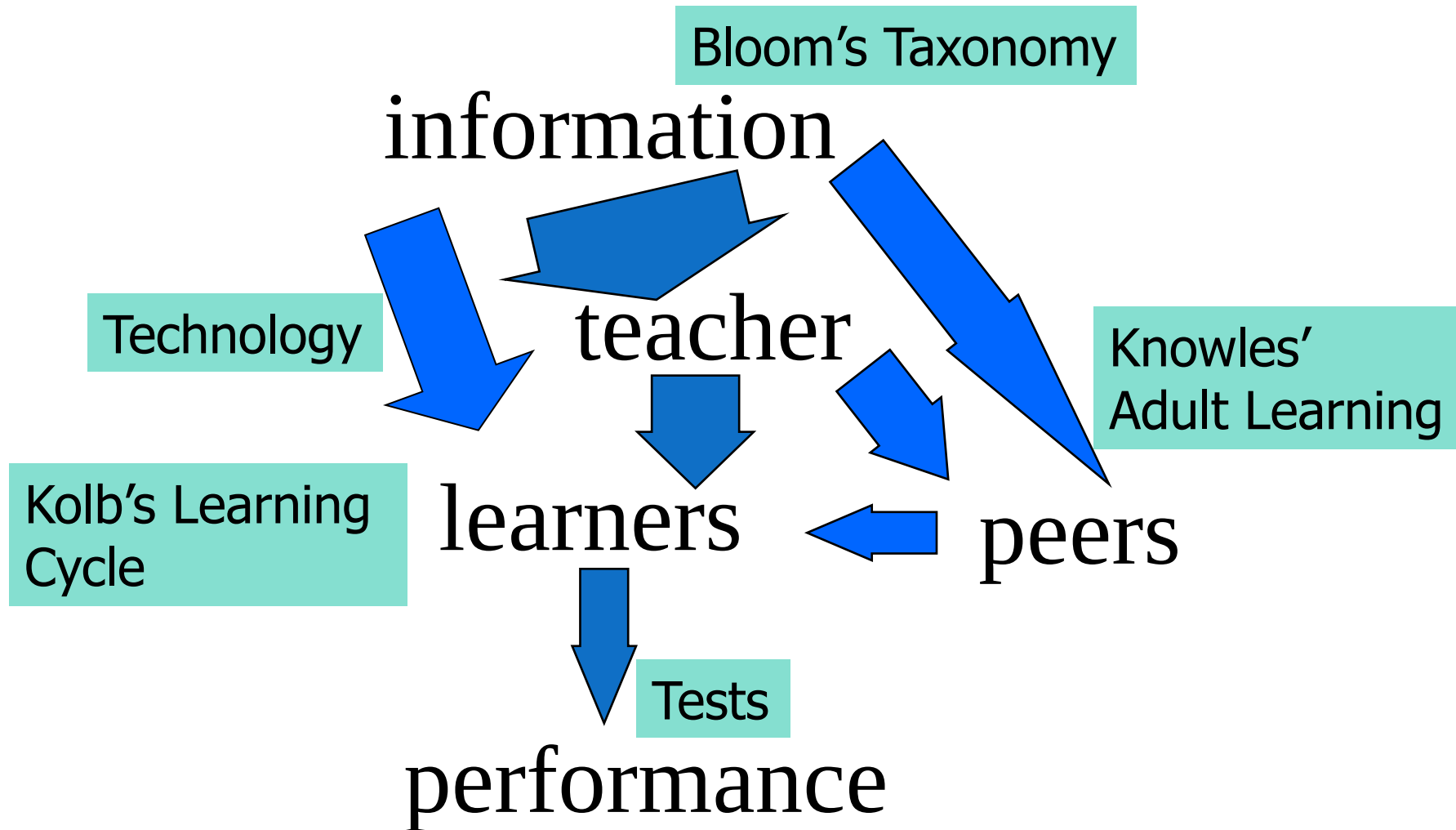
# Millennial Learners

- As a group, create their own information
- Unlimited access to information
- “How to find information” is as important as the information
- Strong preference for dynamic, interactive media

# Educational Change 5: Embrace Novel Technology

- Incorporate media
- Review for accuracy

# Impact of Educational Research



# Summary: Understand and Embrace Impending Changes

- Incorporate analysis and evaluation activities
- Diversify your teaching skills
- Become a 'Reflective Practitioner'
- Align goals, competencies and objectives
- Embrace technology

# What has not changed: The role of the teacher in education

- Create an environment
- Provide direction
- Model behavior